

November 2022

Breakfast/Afternoon Snack Menu

*Menus are subject to change due to availability

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | <p>1 Biscuits w/Jelly Grapes Milk</p> <p>Cucumbers w/ dip & turkey</p> | <p>2 Oatmeal Raisins Milk</p> <p>Mixed Dried Fruit & Milk</p> | <p>3 Mini WG Fruit Pizzas Milk</p> <p>Applesauce & Animal Crackers</p> | <p>4 Cinnamon Bread Pears Milk</p> <p>Yogurt & Graham Crackers</p> |
| <p>7 Cold Cereal Bananas Milk</p> <p>Trail Mix & Milk</p> | <p>8 Scrambled Eggs w/Veggies Strawberries Milk</p> <p>Toast w/ Jelly & Pineapple</p> | <p>9 Yogurt Blueberries Milk</p> <p>Watermelon & Crackers</p> | <p>10 Berry Smoothie Toast Milk</p> <p>Warm Pretzels & Cheese</p> | <p>11 </p> |
| <p>14 Cold Cereal Bananas Milk</p> <p>String Cheese & Berries</p> | <p>15 Sausage Cantaloupe Milk</p> <p>Peppers w/ Dip & Cracker</p> | <p>16 Cream of Wheat Strawberries Milk</p> <p>Cheese & Apple Slices</p> | <p>17 French Toast Sticks Pears Milk</p> <p>Carrot Sticks & Pretzels</p> | <p>18 Ham & Swiss Egg Casserole Peaches Milk</p> <p>Veggie Straws & Juice</p> |
| <p>21 Cold Cereal Bananas Milk</p> <p>Mini Muffin & Milk</p> | <p>22 English Muffin w/Jelly Citrus Mix Milk</p> <p>Fruit w/dip & Graham crackers</p> | <p>23 Oatmeal Mixed Berries Milk</p> <p>Cottage Cheese & Peaches</p> | <p>24 </p> | <p>25 </p> |
| <p>28 Cold Cereal Bananas Milk</p> <p>Pretzels & Chocolate Hummus</p> | <p>29 Breakfast Quesadilla Mangos Milk</p> <p>Guacamole & WG Chips</p> | <p>30 Yogurt Peaches Milk</p> <p>Wildberry Cheerios & Milk</p> | | |

November 2022

Lunch Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| | <p>1 Cheesy Pigs n a Blanket Baked Beans Oranges Milk</p> | <p>2 Sloppy Joes w/WG Bun Squash Pineapple Milk</p> | <p>3 Million Dollar Chicken Casserole Broccoli Peaches Milk</p> | <p>4 Ham and Cheese Slices Crackers Peas Blueberries Milk</p> |
| <p>7 Summer Sausage Cheese Slices Crackers Cucumbers Grapes Milk</p> | <p>8 Cheesy Chicken Roll-Ups Green Beans Mixed Fruit Milk</p> | <p>9 Tuna Noodle Casserole w/Peas & Carrots Peaches Milk</p> | <p>10 Mini Burgers Tater Tots Mixed Veggies Mandarin Oranges Milk</p> | <p>11</p>  |
| <p>14 Sub Sandwich Snap Peas Watermelon Milk</p> | <p>15 Smoked Sausage w/ Green Beans & Potatoes Grapes Bread Milk</p> | <p>16 Spaghetti w/ Meat Sauce Peas Blueberries Milk</p> | <p>17 Cheesy Broccoli Soup WG Crackers Mandarin Oranges Milk</p> | <p>18 Chicken Bites Cauliflower rice Banana Milk</p> |
| <p>21 Ham & Cheese Wrap Carrots Blackberries Milk</p> | <p>22 Chicken Tacos Mexican Street Corn Peaches Milk</p> | <p>23 Beef Ravioli w/sauce Zucchini Cantaloupe Milk</p> | <p>24</p>  | <p>25</p>  |
| <p>28 Tuna Salad Sandwich Pickles Apple Slices Milk</p> | <p>29 Southwestern Beef Casserole Corn Grapes Milk</p> | <p>30 Chicken & Rice w/Broccoli Casserole Strawberries Milk</p> | | |

